

The Shepherd's VOICE

August 2011

...serving here, reaching out with the Gospel of Jesus Christ...

~Worship ~ Nurture ~ Education ~ Mission ~

Shepherd of the Hills Lutheran Church

Spiritual Formation

Hebrews 5:13-14—¹³For everyone who lives on milk is unskilled in the word of righteousness, since he is a child. ¹⁴But solid food is for the mature, for those who have their powers of discernment trained by constant practice to distinguish good from evil.”

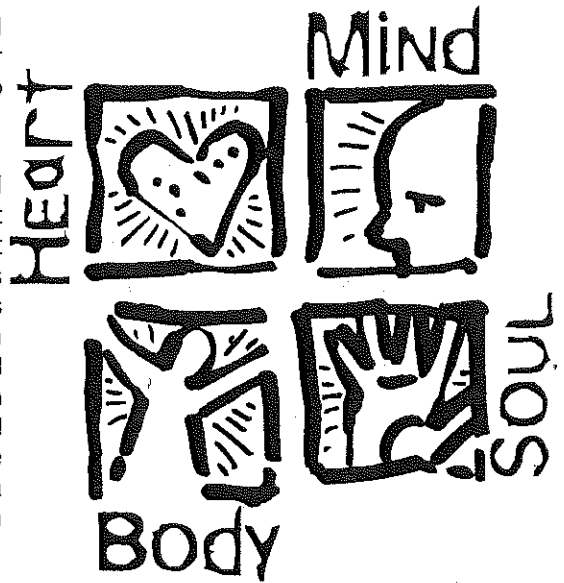
This summer I heard the concept of spiritual formation repeated over and over in my activities. It might have not been said in so many words, but it was impressed upon me by what I was doing and even what I was learning at conferences. Spiritual formation of God's children – maturing disciples young and old, the whole process of Catechesis – is something that has always been near and dear to me. I know there is a need for our own church and school to look at this concept. But as I traveled this summer I had thought that I was just the odd duck among church workers. Sure it is an important concept, but there are so many other things to be concerned about. I thought in diagnosing our immediate culture of Shepherd of the Hills, our Christian/Lutheran school, and our south Denver suburbia situation, that our need for more precise and purposeful spiritual formation was just *our* narrow focus.

But as I talked with other church professionals from all over the nation who have gifts and desires in ministry for youth and children, as I talked with pastors from all over our Synod who want to improve in their preaching, I was amazed at how many echoed the same concerns and questions concerning spiritual formation. It seems that this topic is not a targeted cultural problem just for us, but it is a holistic problem that the Body of Christ is struggling with across our nation.

Simply put, spiritual formation is the process in which God uses His Word and Sacraments to bring a person to salvation, grow them in the knowledge and application of this salvation in their daily lives, and enable them to be mature disciples of Christ in thought, word and deed. At first blush it sounds simple and many of us assume that spiritual formation is going on in our own lives, in our families, in our congregation and at large in the Body of Christ. But what I have discovered is that our sinful nature, the world and the devil have been very busy in either freezing many in their spiritual formation so that they are “milk babies” as the above text illustrates or even worse, their spiritual formation is reversed as the thorns of this life choke out our productivity for the Lord and have the potential to kill the plant of our faith in Christ.

Churches and church workers will all agree that our purpose and function is to proclaim the Gospel in order to make disciples, but a very rare few can simply describe what it means to be a mature disciple and the process and method they use to accomplish this goal. We pat ourselves on the back, saying we are mature disciples, and yet when compared to mature disciples of history and in Scripture we are sorrowfully lacking. Or we think that because we have justification by faith through grace properly understood, then it just naturally happens. The understood reality is, though, that Christians struggle with personal, family and corporate spiritual formation in our day and age. Our sin, our world culture and the devil himself work overtime in our very selfish, media-centered, hectic lives.

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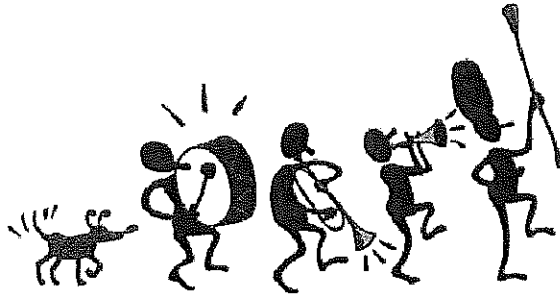
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Sun	Mon	Tues	Wed	Thurs	Fri																													
<p>August 7 — Eighth Sunday after Pentecost Lessons: Psalm 18: 1-16; Job 38: 4-18; Romans 10: 5-17; Matthew 14: 22-33</p> <p>Greeters: 8am—Scott & Nicole Barton; Margaret Bender 10:45 Trad—Greg Patrick; Dayne Penney 10:45 Cont—Sue Bredehoert; Donna Buehner</p>	<p>August 14 — Ninth Sunday after Pentecost Lessons: Psalm 67; Isaiah 56: 1, 6-8; Romans 11: 1-2a, 13-15, 28-32; Matthew 15: 21-28</p> <p>Greeters: 8am—Steve & Sue Berscheid; Roy & Lillian Bittlingmaier 10:45 Trad—Ken & Mary Ann Schlichtermeier; Rod & Jennifer Sweeney 10:45 Cont—Kathy Blondillo; Donna Buehner</p>	<p>August 21 — Tenth Sunday after Pentecost; Teacher Rededication Lessons: Psalm 138; Isaiah 51: 1-6; Romans 11: 33-12: 8; Matthew 16: 13-20</p> <p>Greeters: 8am—Bill & Sally Brandes; Bob & Mary Brown 10:45 Trad—Scott & Brenda Abel; Mary Backhus 10:45 Cont—Rich & Leslie Riley; Donna Buehner</p>	<p>August 28 — Eleventh Sunday after Pentecost Lessons: Psalm 26; Jeremiah 15: 15-21; Romans 12: 9-21; Matthew 16: 21-28</p> <p>Greeters: 8am—Bill & Cheryl Bryant; Marge Duffy 10:45 Trad —Harley & Deb Britton; Flo Jepsen 10:45 Cont—Dave & Jacquie Albertsen; Donna Buehner</p>	<p>August 1 6:00 pm AA</p>	<p>August 2 5:00 pm Christian Karate 7:00 pm Praise Team Practice</p>	<p>August 3 6:30 am Men's Bible Breakfast 6:00 pm AA 7:00 pm SHYP Forum</p>	<p>August 4 6:00 pm Sound of the Rockies 7:00 pm Stephen's Ministry Class</p>	<p>August 5</p>	<p>August 6 8:00 am Men's Bible Breakfast 9:00 am Christian Karate 9:00 am Christian Karate</p>	<p>August 7 8:00 am Worship Service (Holy Communion) 9:15 am Coffee & Fellowship 9:30 am Christian Education Hour 10:45 am Contemporary Worship (9:15—Holy Communion) Traditional Worship Genesis Bible Study 6:30 pm Adult Confirmation Class</p>	<p>August 8 Teachers Return 6:00 pm AA 7:00 pm School Board</p>	<p>August 9 8:00 am HR Meeting 5:30 pm Christian Karate 7:00 pm Praise Team Vocals 7:30 pm Polite HOA Board Meeting</p>	<p>August 10 6:30 am Men's Bible Breakfast 4:00-8:00 pm Day School Registration 6:00 pm AA 7:00 pm SHYP Forum</p>	<p>August 11 6:00 pm Sound of the Rockies</p>	<p>August 12</p>	<p>August 13 8:00 am Men's Bible Breakfast 9:00 am Mission Council 9:30 am Safeguarding Our Children</p>	<p>August 14 8:00 am Worship Service (Holy Communion) 9:15 am Coffee & Fellowship 9:30 am Christian Education Hour 10:45 am Contemporary Worship (9:15—Holy Communion) Traditional Worship TIC-TAC 6:00 pm SHYP-GAG 6:30 pm Adult Confirmation Class</p>	<p>August 15 Voice Deadline 6:00 pm AA 7:00 pm Fall Sports Parent Meeting</p>	<p>August 16 5:00 pm Christian Karate 7:00 pm Praise Team Practice</p>	<p>August 17 School Theme: Living God's Call Isaiah 6:3 6:30 am Men's Bible Breakfast 8:15 am 1st Day of School 8:15 am PTL Welcome Coffee 9:00 am Day School Opening Chapel 6:00 pm AA 7:00 pm SHYP Back to School</p>	<p>August 18 6:00 pm Sound of the Rockies 7:00 pm Stephen's Ministry Class 7:00 pm Fellowship Meeting</p>	<p>August 19</p>	<p>August 20 8:00 am Men's Bible Breakfast 9:00 am Mission Council 9:00 am Christian Karate 10:00 am Littleton's Western Welcome Week Parade</p>	<p>August 21 Teacher Rededication & Sunday School Rally Day 8:00 am Worship Service (Holy Communion) 9:15 am Coffee & Fellowship 9:15 am "Wrapped in Prayer" 9:30 am Christian Education Hour 10:45 am Contemporary Worship (9:15—Holy Communion) Traditional Worship Financial Peace University 6:00 pm Adult Confirmation Class</p>	<p>August 22 1:00 pm Staff Meeting 6:00 pm AA 7:00 pm Church Council</p>	<p>August 23 5:00 pm Christian Karate 7:00 pm Praise Team Vocals</p>	<p>August 24 6:30 am Men's Bible Breakfast 6:00 pm AA 7:00 pm SHYP Forum</p>	<p>August 25 6:00 pm Sound of the Rockies 7:00 pm Eber's Meeting</p>	<p>August 26</p>	<p>August 27 8:00 am Men's Bible Breakfast 9:00 am Christian Karate</p>	<p>August 28 Mite Sunday 8:00 am Worship Service (Holy Communion) 9:15 am Coffee & Fellowship 9:30 am Christian Education Hour 10:45 am Contemporary Worship (Holy Communion) Traditional Worship (Holy Communion) 4:00 pm Family Movie Matinee 6:00 pm Financial Peace University 6:00 pm SHYP-GAG 6:30 pm Adult Confirmation Class</p>	<p>August 29 1:00 pm Staff Meeting 6:00 pm Call Committee Meeting 6:00 pm AA 7:00 pm Boy Scout Troop 358</p>	<p>August 30 5:00 pm Christian Karate 7:00 pm Praise Team</p>	<p>August 31 6:30 am Men's Bible Breakfast 6:00 pm AA 7:00 pm SHYP Forum</p>

Join our Shepherd "Family on Parade"!

Shepherd of the Hills will again be walking in the Littleton Western Welcome Week Parade on Saturday, August 20. The theme this year is "Family on Parade." What a great opportunity to show Littleton our Shepherd family! If you and/or members of your family would like to walk in the parade, please contact Jan Hoener at janhoener@comcast.net or 303-898-5401.



Dentistry from the Heart

Do you need a cleaning, filling or an extraction? Rocky View Dental Care is hosting its 4th annual Dentistry from the Heart event on August 27 from 7:30 am to 5:00 pm. All participants must be 18 years of age or older. Services are at no charge and will be rendered on a first come, first served basis. No appointments! Smile - it's free!! For more information, visit www.rockyviewdentalcare.com.

Volunteer Opportunities

If you are looking for a fun way to serve at Shepherd, please consider the following opportunities:

- * Greeters, Ushers & Ruth Circle volunteers – serving on a regular schedule supporting the contemporary or traditional services
- * Groundskeeper– participating in weekly lawn maintenance duties
- * Office assistant – assisting with regular Friday printing and production needs, including bulletins and newsletters
- * Loving Meals Ministry – making and delivering meals on an as-needed basis for Shepherd members

If you are interested in any of these opportunities to serve, contact **Joanna Monahan**, Shepherd of the Hills Volunteer Coordinator, at 303-355-7771.

Paid Positions Available for Chair Storage

Our Sunday morning chair removal in the gym will be moved from volunteer to paid staff. We are looking for 2-3 individuals who are willing to come in at 12:30 pm on Sundays to stack and move the blue chairs to the chair storage room. The job will pay \$10/hour. Candidates must be at least 18 years old. Please contact Mary in the office.

Change of Address

Chad and Anna Huber
285 Zang Street #I-2844
Lakewood, CO 80228

Oliver and Beth Johnson
7519 S. Biloxi Way
Aurora, CO 80016

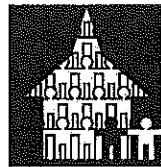
Major Matthew and Alicia Boarts and Boys
6 Reynolds Road
Sumter, SC 29150

Baptisms

Vivienne Jane Brockman, daughter of Kurt and Valerie Brockman
Baptized– 6/19/2011; Born– 6/2/2011
Sponsors–Kyle and Jayme Klepacki

Brooklyn Lee Schuchman, daughter of Jesse and Emilee Schuchman
Baptized– 7/10/2011; Born– 6/15/2011
Sponsors–Tony Adams and Scott and Nicole Barton

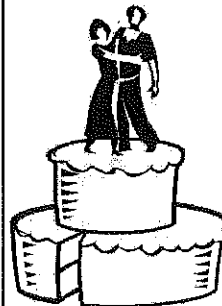
Jayden Bradlee Timms, son of Jason and Heather Timms and brother to Haley and Rachel
Baptized– 7/17/2011; Born 6/10/2011
Sponsors–Kelly and Alicia Zimmer and Jami DeSiena



Updates to
Our
Church
Family

August Anniversaries

- | | |
|----|-----------------------------|
| 1 | Bob and Jeanette Faust |
| 2 | Dave and Kathy Baker |
| 3 | Kris and Deb Saline |
| 4 | Gary and Heidi Dudley |
| | Dave and D'Wayn Stone |
| | Justin and Ana Brekke |
| 5 | Gerald and Joyce Schmidt |
| 6 | Jeff and Kristi Cooper |
| | Dan and Christina Pataroque |
| 8 | Steve and Ann Hazel |
| 9 | Mark and Kay Bremmer |
| 12 | Pat and Lisa Esola |
| 13 | Shawn and Melissa Helfer |
| 14 | Oliver and Beth Johnson |
| 16 | Dennis and Anita Plohocky |
| 17 | Tory and Emily Irwin |
| 18 | John and Debbie Misegadis |
| 19 | Dave and Jacquie Albertsen |
| | Duane and Susan Feldmann |
| 20 | Ed and Betsy Barstad |
| | Kyle and Jayme Klepacki |
| 21 | Dan and Carol Krueger |
| 22 | Allan and Michelle Braun |
| 23 | Michael and Teresa Hill |
| 27 | Ron and Julee Orrell |
| | Russell and Pamela Robbins |
| 28 | Gary and Clarece Groeling |



So, just to prepare you, I will be talking more and more about spiritual formation this year and in the future. It is my goal to develop a better spiritual formation process for children, youth and adults in our congregation and our school. Some parts of the process we already know and do well. Some parts we might have forgotten or maybe have not held ourselves accountable. And there are still some other parts that we might need to adapt or re-forged to fit our unique culture and context. And, of course, the whole process must be guided in Christ, by His Word and in love for those whose spiritual habits we are helping form.

So as we start this journey let me know how you would define mature discipleship and what methods you have found that worked well for you in this process. Your maturity in Christ will be a blessing to me, and to others in our Shepherd family, as we become mature disciples of our Savior, Jesus Christ!

Spiritually maturing in Christ and His Word,

Pastor Zillinger

Lutheran Family Services

LFS in Need of Gently-Used Twin Bed Sheets

Lutheran Family Services of Colorado would love to have your sets of gently used, twin bed sheets that are taking up all that room in your closets. Also we are in need of new, regular size pillows. Bring donations to LFS offices at 363 S. Harlan Suite 200, Denver, 80226 or 1600 Downing Street, Suite 600, Denver, 80218. For a large number of items, pickups can be arranged with Chad Skupien at **303-389-2348** or chad.skupien@lfsco.org.

Annual Fundraiser at Zoo a Huge Success

Thank you for making Lutheran Family Services of Colorado's Annual Family Fundraiser at the Denver Zoo a success! Nearly 600 friends and supporters of LFS enjoyed this wonderful evening, filled with all kinds of entertainment including face painters, a magician, carousel rides, music, a visit with all the wild animals and a barbeque dinner.

Lutheran Family Services School Supply Drive Scheduled for July 31-August 7

The Lutheran Family Services School Drive will start on Sunday, July 31 and end on August 7. The school supplies collected will be given to foster and refugee children. Because it is the time of year when various stores are having Back-to-School sales, hopefully it will help our dollars go further in helping these kids. Please be a Superhero of Hope for these children that need our help

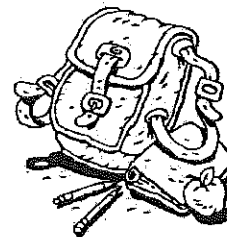
Bring your donations to either the purple tub in the cry room behind the sanctuary or to the purple box in the gym during the Contemporary Service. They will both be labeled with a "Lutheran Family Services School Drive" sign.

If you have any questions please email Charley Powers at OneWhoBelieves@live.com. To see more about Lutheran Family Service and the work they do, go to www.lfsco.org/.

These lists indicate it would be great if you could build an entire backpack for a student (based on his/her grade level). Otherwise, you can select to donate anything from the list of suggested items.

A backpack for a 7th to 12th grader needs:

- New backpack (please, no used backpacks)
- Pencils - Pens
- Glue Sticks
- Markers
- Colored Pencils
- 2 Pocket/solid color folders
- Ruler - Scissors
- 3 Spiral Notebooks (college-ruled)
- Scientific or Graphing Calculator
- 2 - 1" three-ring binders
- 3-ring binder organizer/planner
- And/or a \$25 gift card (Wal-Mart or Target)



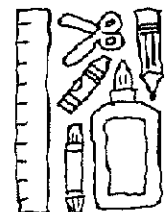
A backpack for a 4th to 6th grader needs:

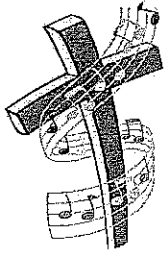
- New backpack (please, no used backpacks)
- Pencils - Pens
- Glue Sticks
- Washable Markers
- Colored Pencils
- 2 Pocket/solid color folders
- Ruler - Scissors
- 2 Spiral Notebooks (side-ruled)
- Basic Calculator
- 2-1" three-ring binders
- 3-ring binder organizer/planner
- And/or a \$25 gift card (Wal-Mart or Target)



A backpack for a Pre-K to 3rd grader needs:

- New backpack (please, no used backpacks)
- Pencils - Pens
- Glue Sticks
- Washable Markers
- Colored Pencils
- 2 Pocket/solid color folders
- Ruler - Scissors
- Crayons
- "Learn to Write" paper
- Wide-ruled paper
- Easy Calculator
- And/or a \$25 gift card (Wal-Mart or Target)





Blessed, to Be a Blessing

Dear Friends,

This year, we're spending re-view time on each part of a Divine Service, what it is/means, why we do it, and how we can be *Blessed, to Be a Blessing!*

This month's focus: another part of the *Ordinary: Credo* – or Creed. (The Ordinary is the stuff that doesn't change from week to week.) *Credo* means "I believe."

We have three creeds that are known as the ecumenical creeds, meaning that they have a universal acceptance. They are the Apostles', Nicene, and Athanasian Creeds. The Lutheran Reformers of the 16th century accepted these creeds, and they are included in our Church's confessional writings as faithful expositions of Holy Scripture.

The Apostles' *Creed* is the oldest. Already by 150 A.D. it was in use at Christian centers along the Mediterranean Sea, such as Jerusalem, Alexandria (North Africa), Rome, and Spain. The Apostles' *Creed* developed in conjunction with Baptism and is often called the *Baptismal Creed*. As the water was applied, the question would be asked: "Do you believe in God the Father? God the Son? (etc.);" Very quickly the answer developed into what we now call the *Apostles' Creed*. In addition to its primary use at all baptisms, it is also very appropriate for use in daily devotions.

The Nicene *Creed* was written in 325 A.D. at the Council of Nicea. Hundreds of pastors and theologians were gathered at this council to respond to a false teaching that had arisen in the Church. This false teaching stated that Jesus was not true God. If you look carefully at the second section of the Nicene *Creed*, you can see all kinds of phrases included specifically to refute this false teaching. In the 325 version, the section on the Holy Spirit was not as developed. It was at the Council of Constantinople in 381 A.D. that it was lengthened to its present version, this time to emphasize that the Holy Spirit is also true God. For centuries the Nicene *Creed* has been the chief *creed* in the Sunday service, and it is used especially for Divine Services containing the Lord's Supper.

For a long time it was thought that the Athanasian *Creed* was written by Athanasius, a very influential defender of the faith during the 4th-century debates over the divinity of Christ. However, it is clear that certain parts of it could not have been written by him. The best estimate is that it was written

between 435-535 A.D., probably in the southern region of France. This *creed* is a marvelous confession of the doctrine of the Holy Trinity. Because of its length it is not used regularly, though many congregations will use it each year on Trinity Sunday. In ancient tradition, it was also used on festival Sundays.

A careful examination of these *creeds* reveals that they are thoroughly biblical both in language and content. Their regular use in both corporate worship and private devotion is not mere traditionalism. Rather, these *creeds* are time-tested expressions of some of the most central teachings of the Christian faith. Their regular repetition provides us with a vocabulary that enables us to speak those basic truths to others. Also, these *creeds* link us to faithful believers of every generation who have confessed the same truth. And believers from all over the world still use the same words to confess the truth about the Father, Son, and Holy Spirit.

Here is one way to look at a statement of faith—and always we should go to Scripture to confirm any man-made *creed*:

THE NICENE CREED²

I believe in one God

Deuteronomy 6:4; John 10:30; Matthew 28:19;
1 Timothy 1:17

(1st Person): the Father Almighty,

Genesis 17:1; Psalm 62:11; 1 Corinthians 8:6
maker of heaven and earth

Genesis 1:1; 2:1-2; Exodus 20:11; Deuteronomy 32:6;
Psalm 102:25; Acts 14:15

and of all things visible and invisible.

Isaiah 64:8; Nehemiah 9:6; (Colossians 1:16); Hebrews 11:3

(2nd Person): And in one Lord Jesus Christ,

John 13:13; Acts 2:36; 1 Corinthians 8:6; 12:3
the only-begotten Son of God,
Matthew 3:17; 17:5; John 3:16

begotten of His Father before all worlds,
Micah 5:2; John 1:1-3, 18; 17:5; 2 John 1:3

God of God, Light of Light,
Hebrews 1:3; 1 John 1:5; 5:9

very God of very God,
John 1:1-2; 12:45; 14:9-10

begotten, not made,

John 1:2; 8:58, Colossians 1:15-16
being of one substance with the Father,
John 10:30, 38; Colossians 2:9

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by whom all things were made;

John 1:3; 1 Corinthians 8:6; Colossians 1:15-17;
Hebrews 1:2

who for us men and for our salvation

John 3:17; Acts 4:12; Romans 5:9-11; 8:3; 1 Thessalonians
5:9-10; 1 Timothy 1:15; 1 Peter 3:18

came down from heaven

John 3:31; 16:28; Philippians 2:6-8; 1 John 3:5; 4:9-10

and was incarnate by the Holy Spirit of the virgin Mary

Matthew 1:20-23; Luke 1:31,35; John 1:14

and was made man;

Colossians 2:9; 1 Timothy 3:16

and was crucified also for us under Pontius Pilate.

Isaiah 53:5; Matthew 27:24-26, Mark 15:15, 24; Luke
23:24; John 19:19-23; Acts 2:23; 1 Corinthians 15:3

He suffered and was buried

Matthew 27:27-61; Mark 15:33-47; Luke 23:32-56; John
19:1-42; Acts 26:23; 1 Corinthians 15:4

And the third day He rose again

Matthew 12:39-40; 28:1-7; Mark 16:1-7; Luke 24:1-49; John
20:1-23; Acts 2:24; Romans 1:4; 2 Tim 1:8

according to the Scriptures

Psalms 16:10; Acts 3:18-25; 1 Corinthians 15:4

and ascended into heaven

Luke 24:50-51; Acts 1:9

and sits at the right hand of the Father.

Matt 26:64; (Mk 16:19); Luke 22:69; Acts 5:31; (Acts 7:56);

Eph 1:20-23; Phil 2:9-11; Heb 1:3; 1 Pet 3:22

And He will come again with glory to judge

Matthew 16:27; 26:64; Mark 14:62; Acts 1:11

both the living and the dead,

Daniel 12:2; John 5:28-29; Acts 1:11; Romans 14:9

whose kingdom will have no end.

Isaiah 9:7; Daniel 7:14; 1 Corinthians 15:50-58;

Ephesians 1:17-23

(3rd Person): And I believe in the Holy Spirit,

Psalms 51:11; Matthew 3:16; Ephesians 1:13-14; 4:30

the Lord and giver of life,

John 6:63; Romans 8:2,11; 2 Corinthians 3:6

who proceeds from the Father and the Son,

Matthew 3:11; Luke 11:13; John 15:26, 16:15;

Ephesians 2:18; 6:18

who with the Father and the Son together is worshiped and
glorified,

2 Cor 13:14; (Gal 5:22-25); Eph 1:3, 13-14 ;(Eph 4:30;

6:18); (2 Thess 2:13-14); 1 Tim 1:17

who spoke by the prophets.

1 Samuel 10:10; 11:6; Acts 4:25-27; Ephesians 3:4-5; 2

Peter 1:20-21

And I believe in one holy Christian and apostolic [taught &
sent] Church,

Luke 24:46-49; John 17:21; 20:21-23; Acts 1:8; Ephesians
2:19-22; 4:4-6

I acknowledge one Baptism for the remission of sins,

Matthew 28:19; Acts 2:38-39; Ephesians 4:4-6; Titus 3:4-8;

1 Peter 3:21

and I look for the resurrection of the dead

Job 19:25-27; Psalm 49:15; Acts 24:15;

1 Corinthians 15:12-58; 1 Thessalonians 4:13-5:10

and the life of the world to come. Amen!

Galatians 6:8-9; 1 Thessalonians 4:13-18;

2 Thessalonians 2:16-17

The intent of all of the *Ordinary* parts of liturgy is to help us to keep our worship focus on Christ—and that is an extraordinary feature of worship! We are *blessed* by God both in the truths of Scripture we receive each Sunday (and daily, too!) and through the statements of faith put together by our Church ancestors, which are based on those Bible truths. And we, in turn, are a *blessing* to others when we reaffirm our common beliefs with our Church family in Divine Worship. We are also a *blessing* to others when we use these *Credo*s as outlines in helping us share the Good News of Salvation in Jesus with all whom we meet. I believe!!!

And on that note~

Serving the Master Musician,

Gail Black :-)

PS Next month, we'll re-view the *Sanctus* and the *Agnus Dei* of the *Ordinary*.

PS Jr:

¹Information from the LC-MS website: www.lcms.org

²Information from Rev. John Gierke: These are not the only passages in the Bible which are either direct quotes or substantiate these statements about God, but they are a sampling of how God in His Word, the Bible, speaks of who He is as the one and only true God, who at the same time is mysteriously three distinct Persons. We see the work that these three Persons, Father, Son, and Holy Spirit, have done and continue to do – most importantly, making salvation for all people possible through the gift of His grace in Jesus' perfect life, death, and resurrection from the dead for eternal life. The passages noted in parentheses are not direct quotes, but either substantiate what the phrase says in its content, or they may state the opposite idea of what can take place, and we see God's nature and what He has done or does by viewing how He reacts to our sinful, negative behavior.



Interfaith Food Bank Needs Donations

Interfaith's food bank is in need of the following items: mayonnaise, canned chicken, Spam, tomato soup, Cup of Noodles, canned fruit, instant potatoes, jelly, noodles and sauce, Pasta Roni, Noodle Roni, bagged rice, bagged beans, canned beans, juice, snacks, all condiments, canned tomatoes, tomato sauce, spaghetti, noodles, oatmeal, shampoo, conditioner, laundry detergent, deodorant, bar soap, cleaning supplies and can openers.

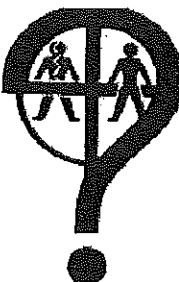
If you are able to help, please leave your contribution in the purple tub in the narthex information room. The Mission Ministry will deliver any items to Interfaith.

Loving Meals Ministry is Available to Assist

Could you benefit from some meals after a hospital stay or following an illness or crisis? Loving Meals Ministries provides small meals on a short-term basis to Shepherd of the Hills' families in need. To submit your request, please contact Joanna Monahan at joannamonahan@msn.com or 303-355-7771.

Stephen Ministers Ready to Serve

Our new Stephen Ministers have completed their 50 hours of training. They are now ready to provide quality one-to-one caring ministry on behalf of the congregation. If you or someone you know could benefit from the listening ear, caring presence, and Christ-centered support of a Stephen Minister, talk to one of our pastors or Stephen Leaders: Ron Manuello (303)979-7776, Judy Hillman (303)798-2366, Elizabeth Golter (303) 346-5408 or Kathy Walters (303)887-3486. Please pray for God to bless their caregiving and to work through them to bring hope and healing to people's lives.



International Exchange Student Hosting Opportunities Available for Coming School Year

Lutheran High School in Parker is seeking families to open their homes and hearts to host an Asian student for the 2011-2012 school year. This is an incredible opportunity to learn about another culture and grow a life-long relationship. Orientation and guidance will be provided along with a generous stipend to host a student. If you would like to welcome an international student into your family, we would like to speak with you! The experience is priceless.

If you would like more information regarding this unique and rewarding opportunity, please contact Annie Suarez, AEEA Student Liaison/Homestay Coordinator at LHS, at 303-841-5551 or anna.suarez@lhsparker.org.



Ministry Opportunities



Priscilla Circle serves meals for families after funerals and assists with held-in-the-Parish-Hall weddings. We meet bi-monthly Sept. through May at 9:30 am in the Atrium. If you are interested in being a part of this circle, contact Marge Duffy at 303-798-3343 or mlduffy2@msn.com.

Loving Meals Ministry, previously a part of Priscilla Circle, is reorganizing. When someone in our Shepherd family has surgery or becomes ill, help with preparing meals may be needed. If requested, we will provide small meals on a short-term basis during the requested time. If you would like to be a part of this ministry, please contact Joanna Monahan at 303-355-7771.

Contemporary Service Altar Setup/Cleanup Team

This setup/cleanup team takes turns preparing the altar for the Contemporary services by filling candles and setting out the altar ware on Sunday mornings. After the service, things get put away. It doesn't take much time and there are no meetings to attend. To be a part of this team, please contact Kathy Baker - dkbaker4@comcast.net or Steve Berscheid - berscheid@comcast.net

The women of Ruth/Altar Circle prepare the chancel area in the Sanctuary for the traditional services. Communion preparations, changing paraments, filling candles with oil and vacuuming are just a few of the duties performed before services. On Communion Sundays, there is cleanup after the services. We get together for a short meeting and enjoy fellowship and devotion the third Tuesday of each month, September through May. We're always looking for women to help with preparations and Communion cleanup. The work is shared among our members, so it isn't a big commitment of time. Even if you don't want to come to the meetings, please consider assisting with Communion cleanup after the services. Contact Carmen Smith 303-770-3722 or Kathy Baker 720-344-9229.

Eyeglasses and Hearing Aids

Thank you for the recent collection of eyeglasses. Since the first of the year 38 pair of eyeglasses have been received and distributed to the needy. Please continue to bring used eyeglasses and hearing aids to baskets in the Information Room off the church Narthex. Your help gives better vision to those less fortunate throughout the world.



QUESTION: Our family life is just constant travel from one activity to another. It seems like we don't have any real family time. I feel like life is slipping away and the kids are growing up too fast. Our stress level makes us irritable and exhausted. My wife and I constantly play "tag-team." What advice do you have?

ANSWER: Certainly, life these days is hectic and over-scheduled, but you need not resign yourself to a life of "irritability and exhaustion." It takes courage, organization and determination to begin the steps needed to free yourself and your family from the distractions of our culture. As father, husband and spiritual leader, it is up to you to take some action. Since I don't know the specifics of your situation, I'll suggest a general plan of action.

Begin by having a heart-to-heart talk and a sincere prayer with your wife about your concerns. Lay them out before God. See if your wife shares your concerns; she probably will. Have a couple of suggestions ready before you talk in order to set her heart at rest and let her know that she can follow your lead. Problem solving is generally a man's strength. His brain is wired to focus and figure. Your mood and motive are critical if you want cooperation. A wife and mother will feel secure in your leadership if she is convinced you have her and her children's best interests at heart. This will require you to spend some time with God in Word and prayer asking God's Holy Spirit to "search and know" (Psalms 139) your motives.

Realize that getting rid of both stuff and activities from your life goes against the cultural norms of our suburban society. Although we are seeing more of this behavior, people who opt for the simple life are still considered mavericks.

As you begin this courageous move, consider the following:

1. This change needs to be a family affair. Everyone must make changes. As leader-father, you should be first. Announce what steps you will take to simplify YOUR life and why.
2. Mom gets to go next
3. Involve the kids. Help them evaluate and choose how they will simplify their lives.
4. Maintain a mood of expectation and excitement. Pray together as a family. Such action sends a powerful message to your children about your leadership and faith.
5. Share your vision of what the family will be like once you all have made changes to simplify life.
6. Seize this challenge as an opportunity for appreciation, relationship building, spiritual renewal and rest!

If you are having trouble deciding what stuff needs to go, consider the following:

1. Turn off the "time vacuums"...those activities and things that suck away your time... TV, video games, cell-phones, iPods, and internet, or significantly limit the time spent in these activities.
2. Have your kids choose no more than two activities besides school and do them well...same goes for mom and dad.
3. Block some time periods without anything scheduled, maintain them no matter what, and use them for family time.
4. The more stuff we have, the more time we spend taking care of it. Be willing to make some tough decisions involving throwing out "stuff."

Newsflash! We really can't have it all. It will drive us crazy! Most of it we don't need anyway (1 Timothy 6:8). The really important stuff of life is generally free...grace, forgiveness, relationships and love.

Most suburban people live the way they live because deep down they are afraid they will miss something. They have an emptiness inside they are desperately trying to fill. Sadly, what they really do miss is far more important than what they are trying to hang on to, and the emptiness will never truly be filled by activities or stuff.

Have courage and determination, Dad. Your gut is right and your goal is good. Now, make it happen!

Jack Lipski, M.A.
SOTHCS Counselor

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Youth Group Notes

It is the main purpose in all of our goals and visions to feed the youth of our congregation in Word and Sacrament and to witness the Grace in Christ to the youth of our community! Contact **Pastor Zillinger** at gzillinger@sothfamily.org for more information about any youth group activities. You can find a calendar of youth activities online at www.sothfamily.org.

YAC—Youth Action Committee

SHYP- Shepherd of the Hills Young People (High School students)

Meet every Sunday at 9:30 am in the Youth Room for Sunday School, every Wednesday at 7pm for Bible Study, and every 2nd and 4th Sunday at 6pm for GAG. Remember to bring your OWN BIBLE! *Upcoming events—August 14 & 28*

TIC TAC—Teens In Christ Talking About Christ—Meet every 2nd Sunday at 4pm. *Upcoming events—August 14*

KICKS—Kids In Christ Knowing the Savior— Meet every 4th Sunday for Family Movie Matinee.

Shepherd of the Hills Welcomes New Teachers / Programs

With August here, we again turn our attention to doing Christ's work through the education of our youth. Preparations have been ongoing all summer as we adapt to new challenges and programs. Our theme for the 2011-2012 school year is: Living God's Call, based on Isaiah 6:8—"and I heard the voice of the Lord saying, 'Whom shall I send, and who will go for us?' Then I said, 'Here am I! Send me.'"

We are blessed with several new servants of the Lord who have answered the Lord's call to be with us this year. David Black is returning to full-time teaching and technology for the benefit of our children. Amanda Hubin will be the new art teacher two days a week. Amanda is a long-time church member and a recent graduate of the University of Northern Colorado. Cynthia Hendricks is a LCMS member and will be teaching our kindergarten for a half day. Herb Weissenfels is a member of Shepherd of the Hills and will be the interim principal this year. He has 40 plus years in education as a teacher, principal and superintendent.

New programs often create concerns over the unknown; however, I am glad to present one new approach to teaching kindergarten that has proven successful in many places. Mrs. Barton and Mrs. Hendricks will be sharing the kindergarten assignment. Mrs. Barton will teach in the morning and Mrs. Hendricks will teach the afternoon classes. This will provide children with the best from two different teachers. Research has indicated greater long-term retention from this model compared to more traditional programs. Details of this approach are available from either teacher.

We are all looking forward to this year and we appreciate your trust in us as we LIVE GOD'S CALL, nurturing your student and providing a Christian education opportunity.

Summer School Tours

New neighbors moving in? Friends looking for a different school setting for their children next fall? Summer is a great time to tell people about Shepherd of the Hills Christian School! Audrey Monson, Admissions Director, is available throughout the summer to give tours and provide information. Call the school office to set up an appointment (303-798-0711). Registration and referral discounts are in effect throughout the summer, too!

King Soopers Reloadables Earn \$11,755 for Shepherd School

A huge thank you to everyone who is participating in the King Soopers Reloadable Fundraiser. In one year we have received a total of \$11,755.06 from this fundraiser. If you need a card, they are available in the office. You pay \$10.00 for a \$10.00 card. You reload at King Soopers and 5% comes back to the school. Please consider getting yourself a card or continue using yours if you already have one. We're really making a difference for our school!

Water World Day August 4

Mark August 4 as a Family Water Day and TIC TAC/SHYP Youth Event. Several Lutheran churches are going to Water World on that day, and it should be great fun for all. Entire families can attend, or you can send your SHYP/TIC TAC age youth with the Youth Group.

If you need a ride, the church van will leave at 8:30 am and return about 5 pm. Discount group tickets cost \$32 and include admission, a food voucher for lunch and a drink, and Pavilion entry and gathering place. You can pay for tickets at the front desk. Tickets will be issued at the park on August 4.

Please contact Pastor Zillinger, gzillinger@sothfamily.org, if you'd like to travel in the church van.

Track Record Board in Gym

Check out the up-dated Shepherd Track Record Board in the gym. We just got it back with the 17 new school records established this season! Congratulations to our fine Shepherd track stars!

The Shepherd's Voice
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Deadline for the September issue is **August 15**. Please have all articles/items/entries into the SOTH office Voice mailbox or email to voice@sothfamily.org. Thank you!



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